

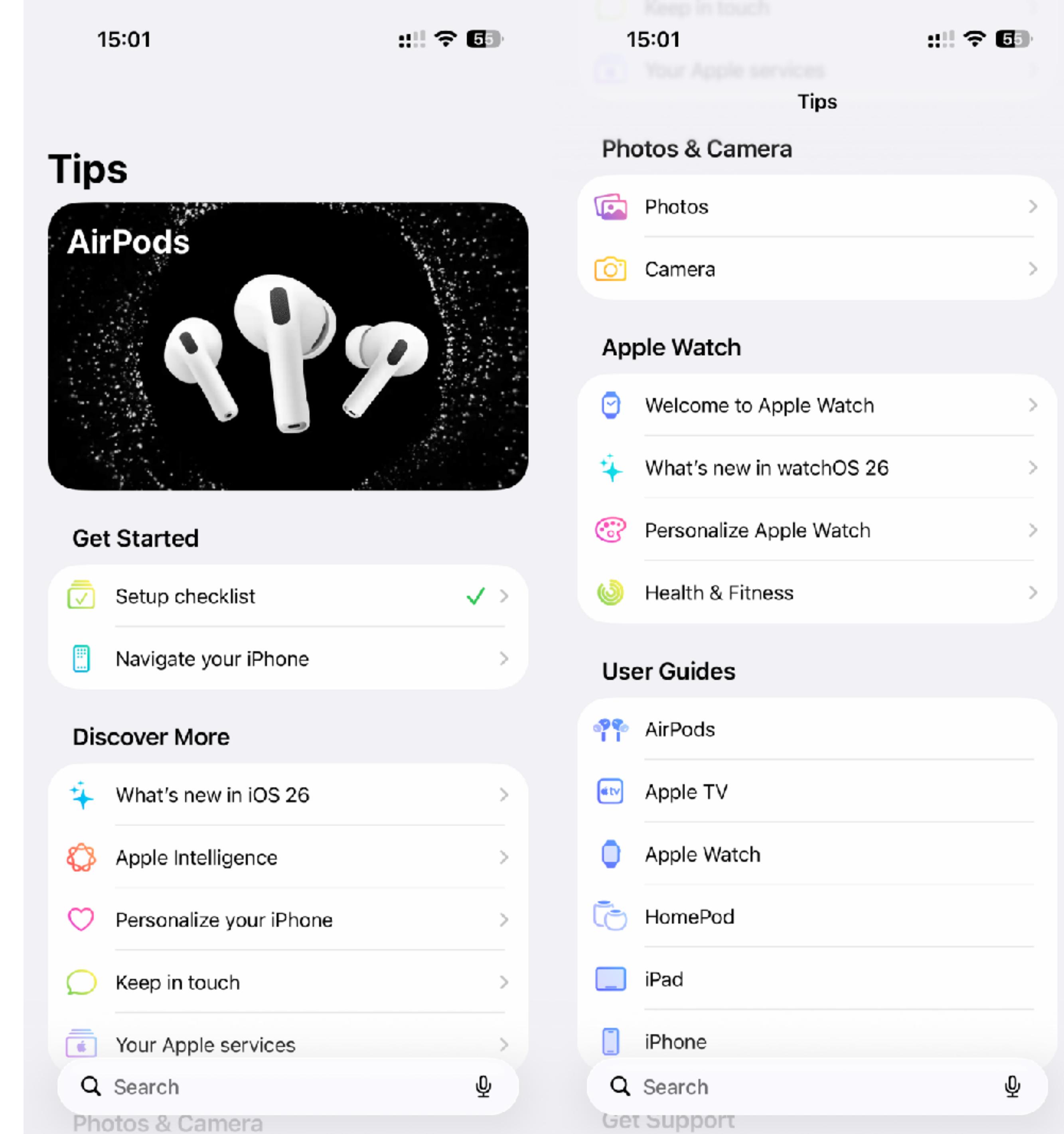
iPhone Literacy

Part 1 of maybe more parts

Strait Macintosh User Group, January 20, 2026

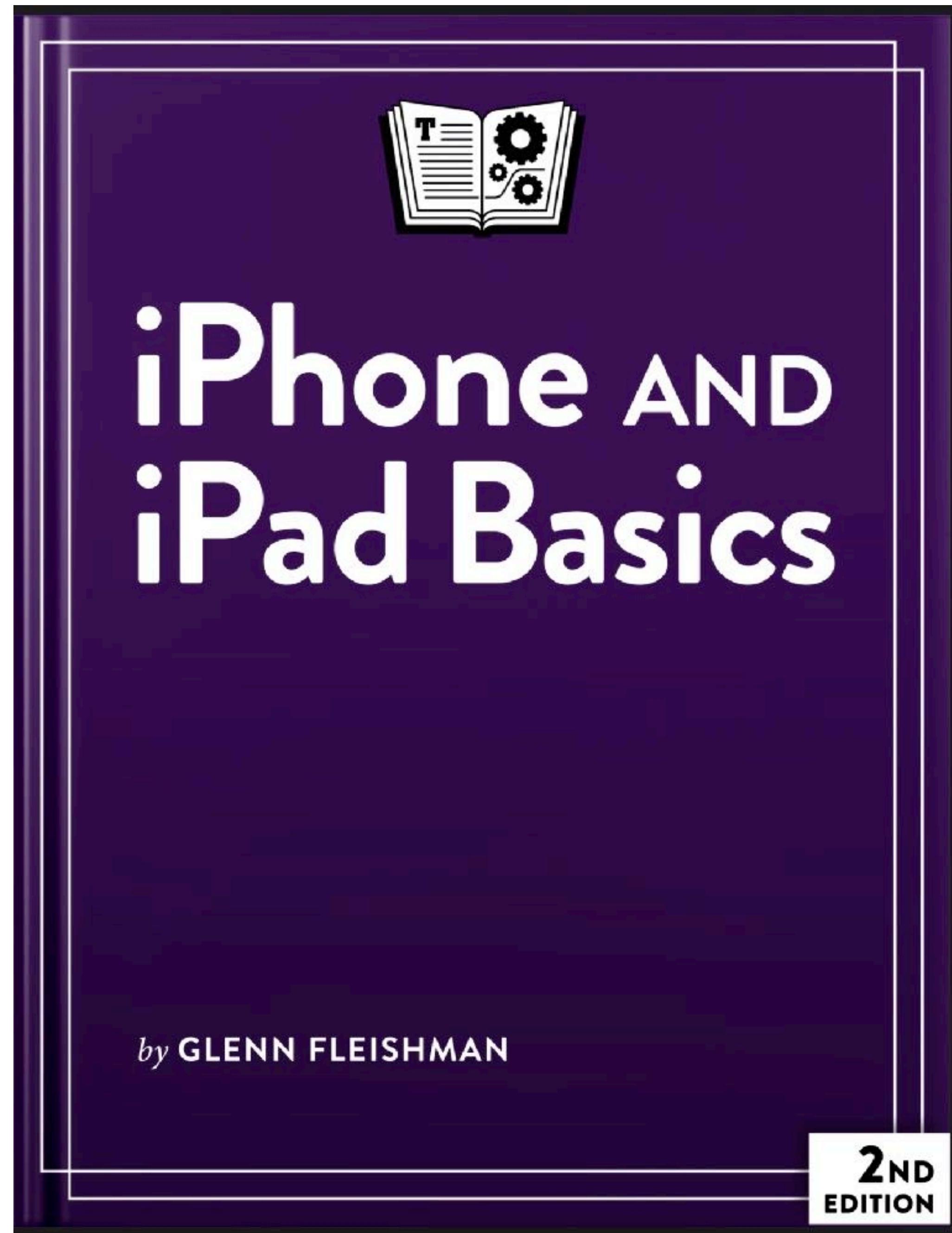
References

- **Tips**, an application on your iPhone, iPad, Mac
- Encyclopedia of how to use iPhone
- Note the search bar on each page



References 2

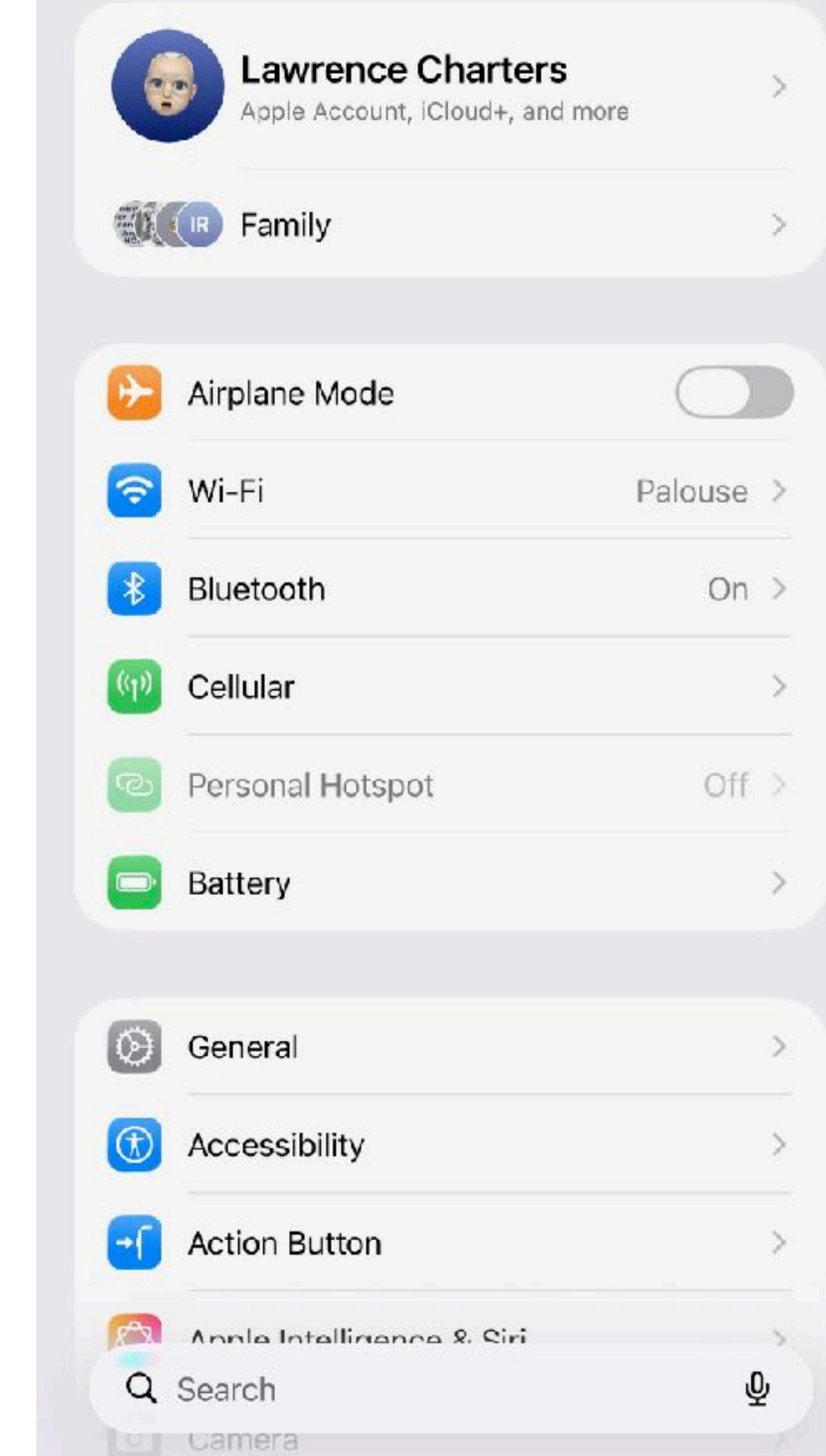
- **iPhone and iPad Basics**, from Take Control Books
- <https://www.takecontrolbooks.com/iphone-ipad-basics/>
- Purchase and put to use immediately
- Electronic, and searchable



Who am I?

- Your phone contains all kinds of personal information
- Your name, phone number, address, contacts, who you called, who called you, physical activity records, health records
- Personal photos, personal photos of other people

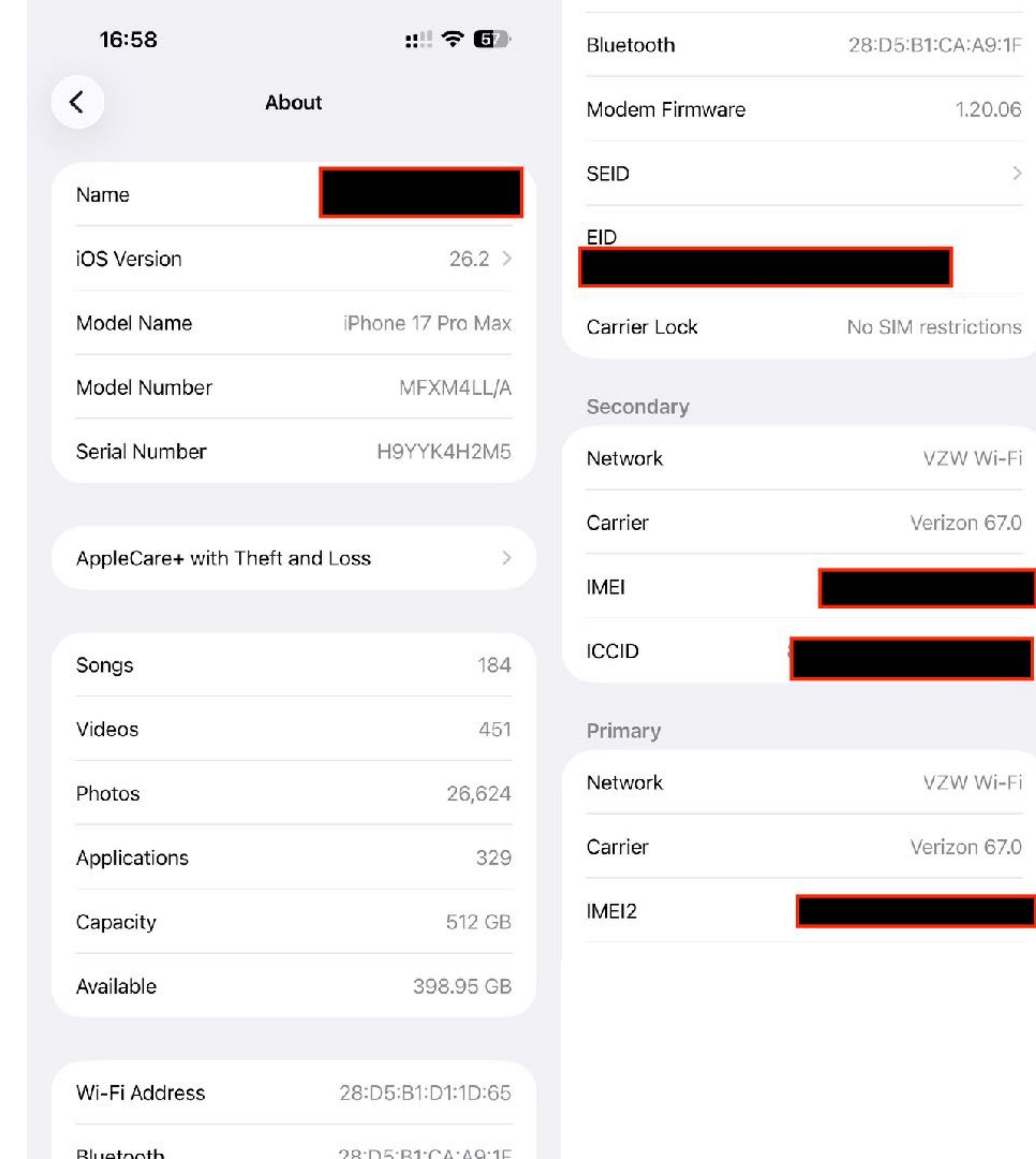
Settings



- Settings > General > About
- Does it contain your name?
Change it!
- Change it to something, anything not attached to you
- The phone's name can be sent over networks and you may not want your name to appear
- This screen also shows the model name and number, in this case, the model number is A2483
- Useful for when you are troubleshooting

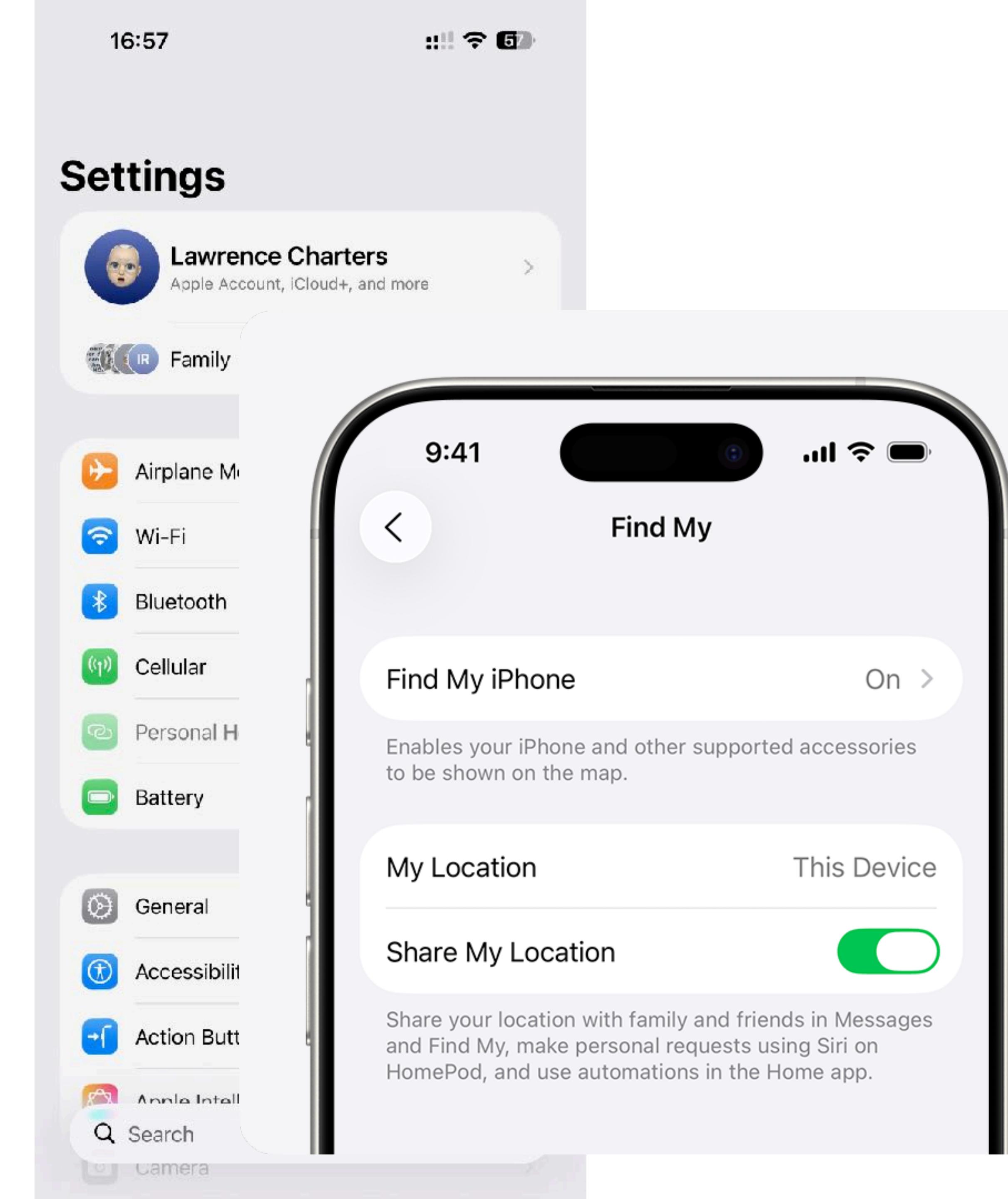


- You can check to see if you have AppleCare
- How many songs you have, videos you have, photos you have, applications, total capacity, capacity free...
- WiFi address, Bluetooth address, EID, Network (telephone service), IMEI, ICCID.
- This phone has two eSIMs, and two phone numbers. (EID, IMEI, ICCID can be used to track phones, and have been masked)



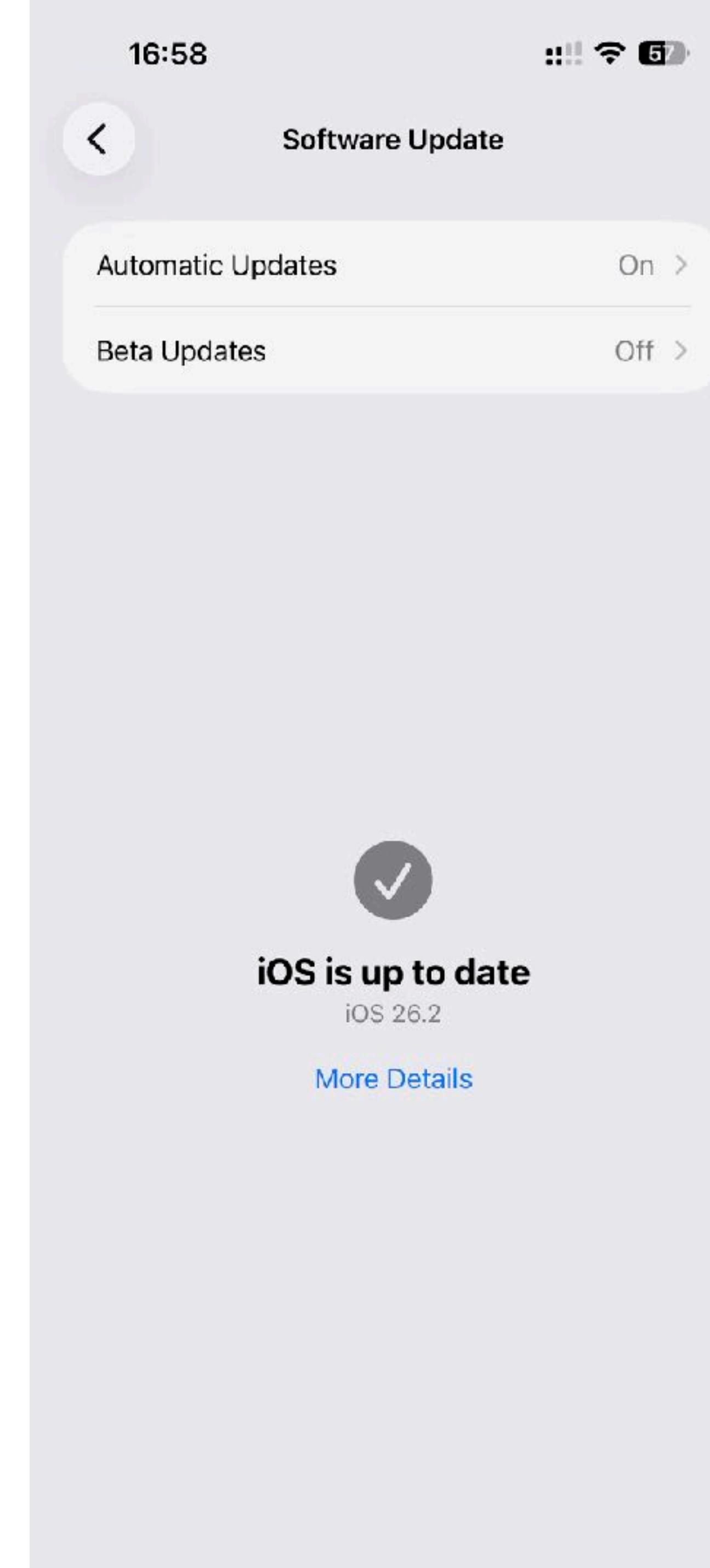
Find My

- Settings > Apple Account (at the very top, where your name is located)
- Turn Find My Phone On
- Turn Share My Location On
- Does two things:
 - Helps you find lost phone
 - Helps loved ones, emergency workers find you



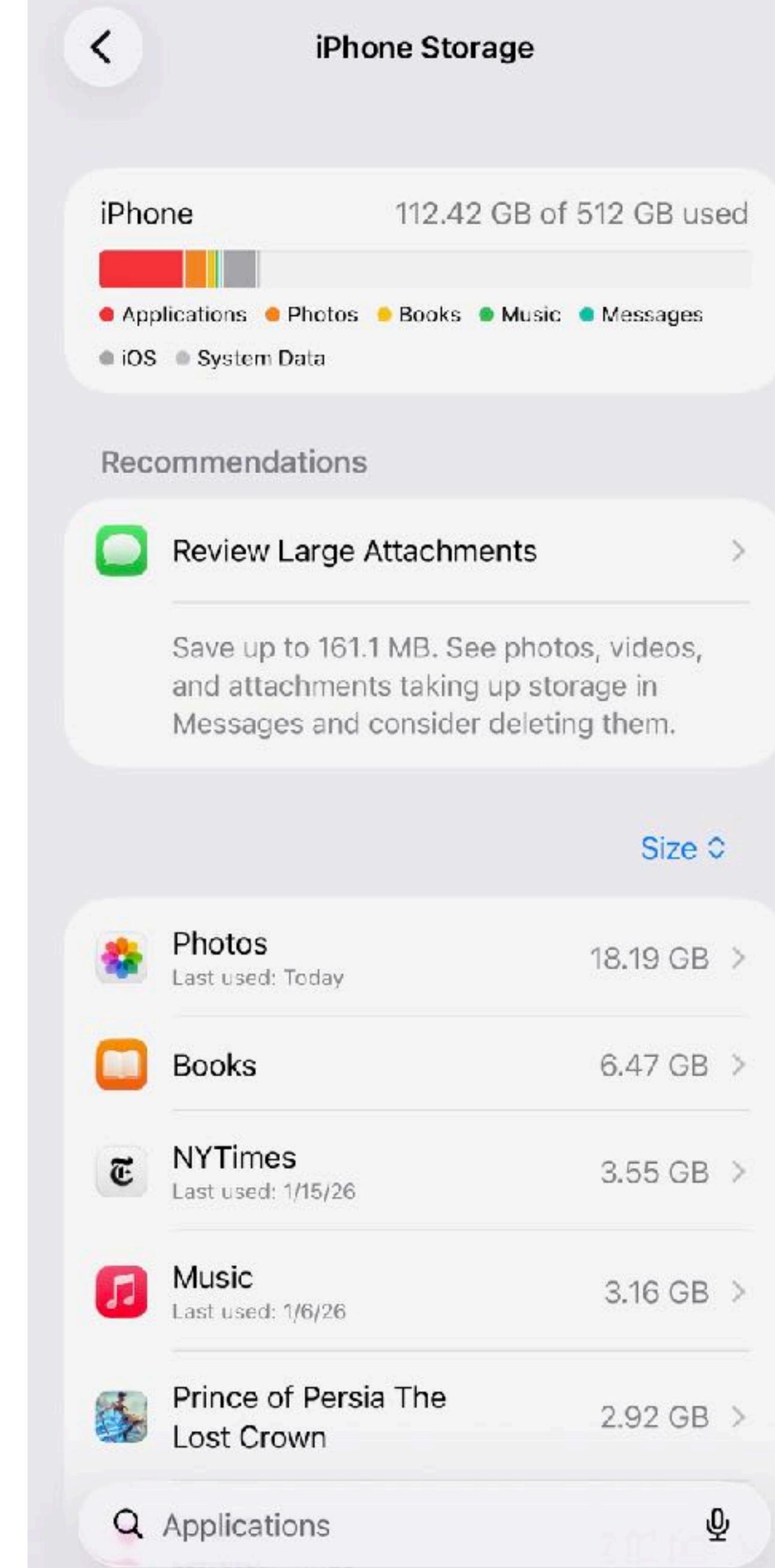
Protect yourself

- Settings > General > Software Update
- Forget what some blogger said; **turn on Automatic Updates** and leave it on.
- Do not turn on Beta Updates unless you know that “Beta” is the Greek word for “Does not work”



Managing storage

- You can't add storage to a phone
- Buy more than the minimum; you will use it
- Things that take up space: photos, music, email, messages, attachments, books, games
- Note that a game, *Prince of Persia*, is one of the largest storage users on this phone
- You should always keep at least 15 GB free for software updates
- If you run short of storage, your phone will become unreliable



Passwords, Pt. 1

- If your phone offers Face ID or Fingerprint ID, use it
- Also set a PIN to open your phone. Use a six digit PIN, something not obvious (not your birthday)
- Something you can remember (the Zipcode of where you were born, with an extra digit to make it six characters), or something else non-

obvious but that you remember

- You will use the PIN often, so don't make it hard for you
- Turn on all the options for when you are asked to identify yourself.
- Note there is an option for Face ID with a mask

Face ID & Passcode
Manage apps using Face ID and other iPhone access settings, set up alternate appearances, and change your passcode. [Learn more...](#)

Use Face ID For

iPhone Unlock	<input checked="" type="checkbox"/>
iTunes & App Store	<input checked="" type="checkbox"/>
Contactless & Payments	<input checked="" type="checkbox"/>
Password AutoFill	<input checked="" type="checkbox"/>
Other Apps	11 Apps >

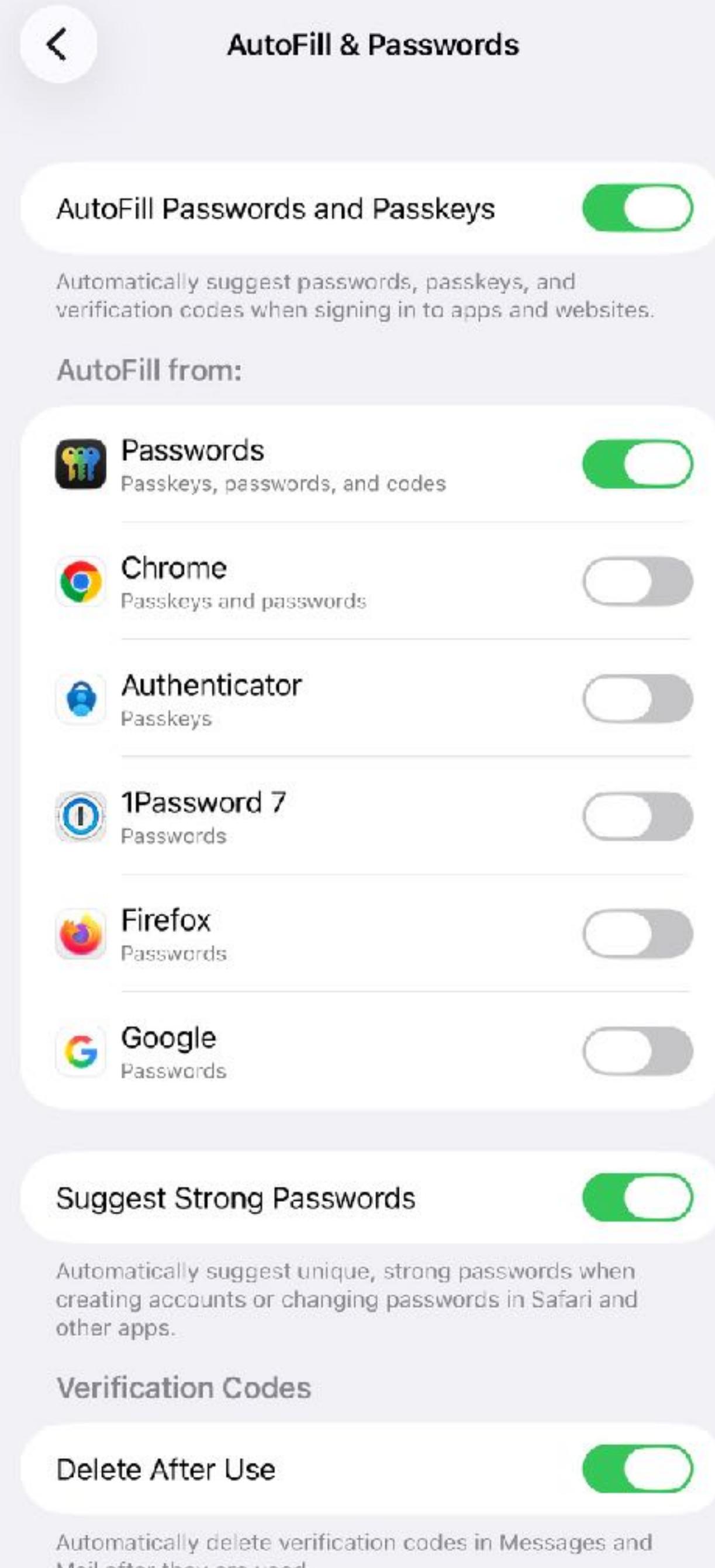
iPhone can recognize the unique, three-dimensional features of your face to allow secure access to apps and payments. [About Face ID & Privacy...](#)

Set Up an Alternate Appearance
In addition to continuously learning how you look, Face ID can recognize an alternate appearance.

Face ID with a Mask
Face ID is most accurate when it's set up for full-face recognition only. To use Face ID while wearing a mask, iPhone can recognize the unique features around the eye.

Passwords, Pt. 2

- macOS, iOS, and iPadOS all come with a password manager called: **Passwords**
- This phone also has 1Password, a commercial password application
- Chrome, Firefox, and Google can also save passwords to websites. On this phone, Autofill is turned off
- Google and Microsoft (Authenticator) also store passwords
- **Never, ever reuse a password**
- Repeat: never, ever reuse a password
- Passwords should be unique
- Use a password manager



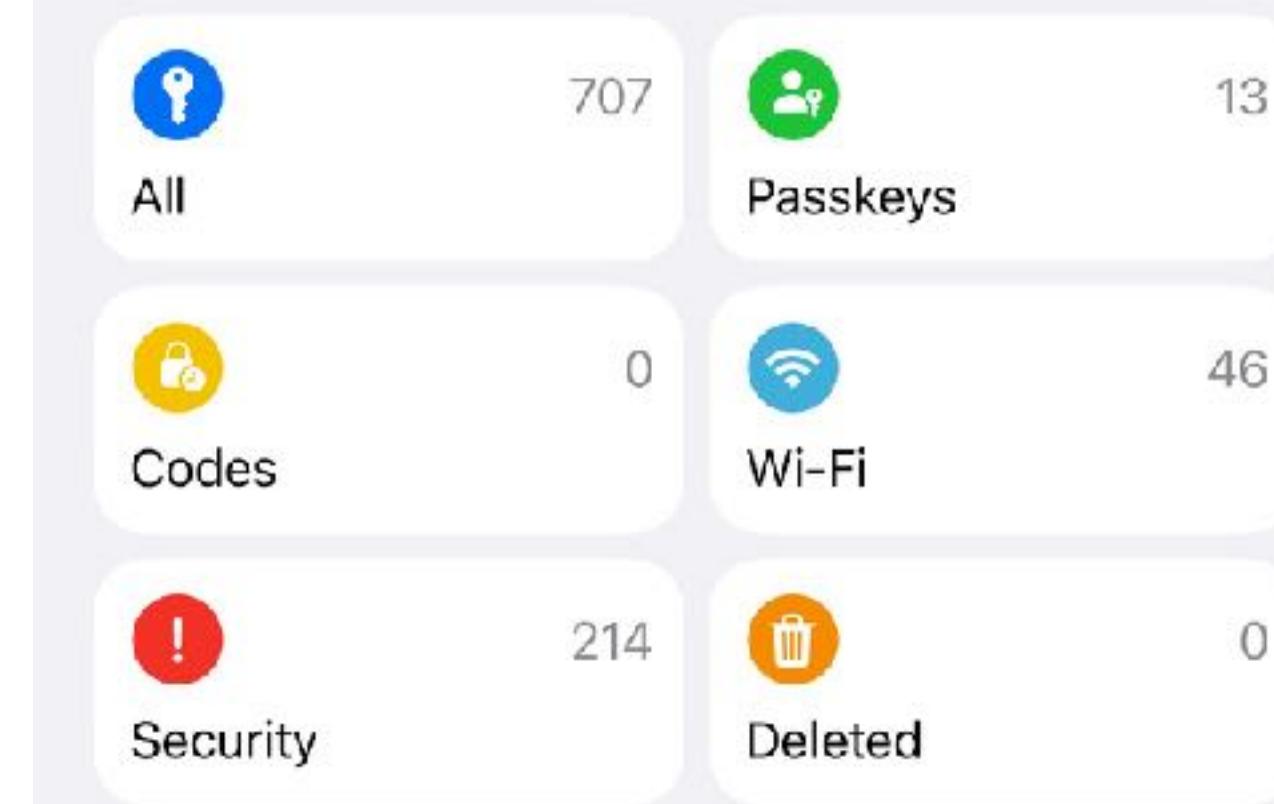
Passwords Pt. 3

- **Passwords**, application on Mac, iPhone, iPad
- Use **Passwords**, and sync them to iCloud so they can be shared between Mac, iPhone, iPad
- **Passwords** also checks security, and in this example has flagged 214 passwords because they are on hacked sites, are

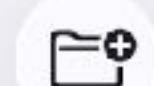
pathetically easy and obvious, or are repeated

- Note **Passwords** also allows your iPhone, iPad and Mac to share Wi-Fi passwords
- Family sharing is also possible

Passwords



Shared Groups



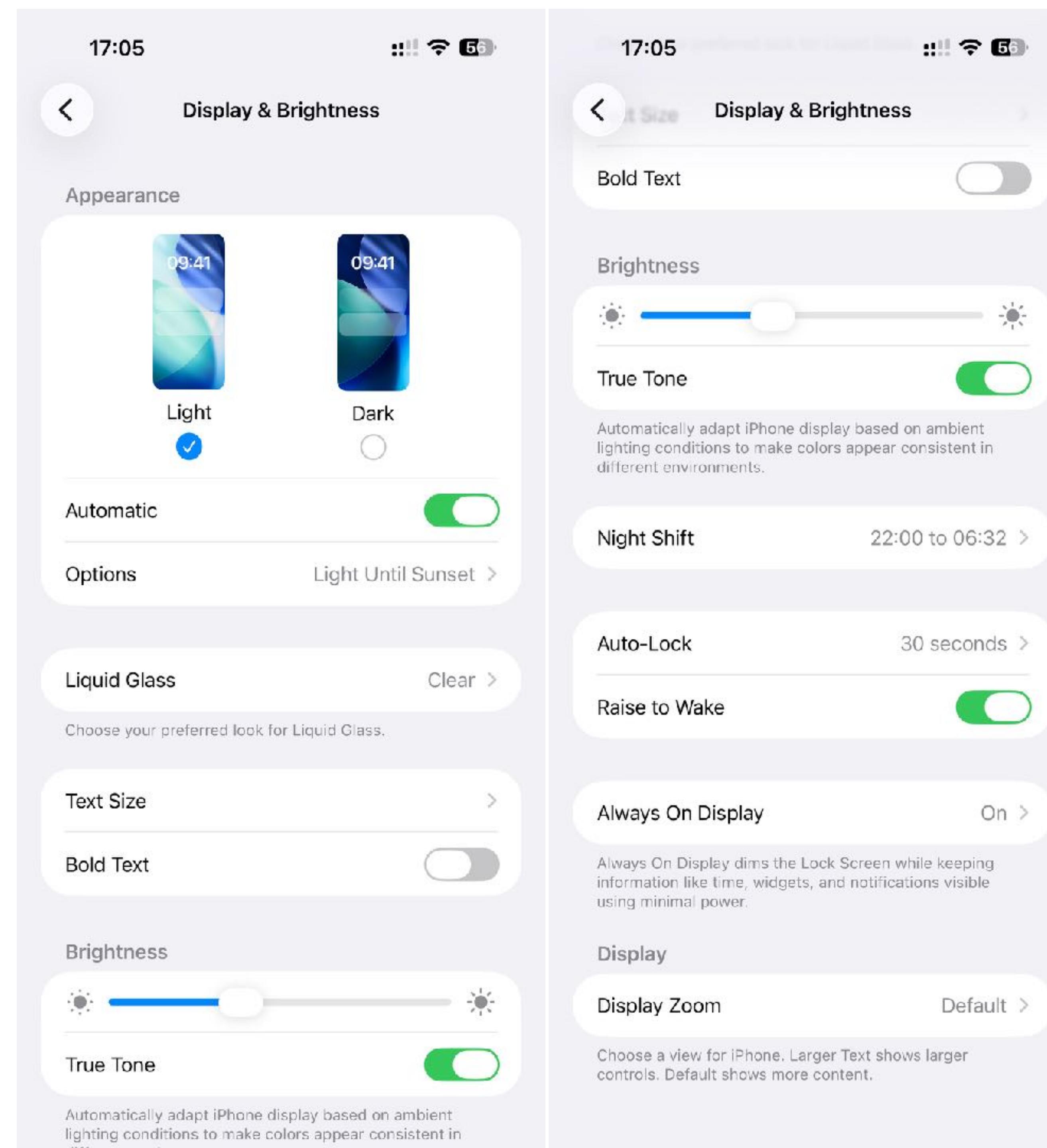
Search



Display

- Settings > Display
- Choose light theme or dark theme
- Choose to have it update theme at sunset
- Can change Liquid Glass settings
- Can change text size

- Can change default brightness
- Can make Bold Text the default
- Can specify what you consider to be “night”
- Can set to Zoom the display



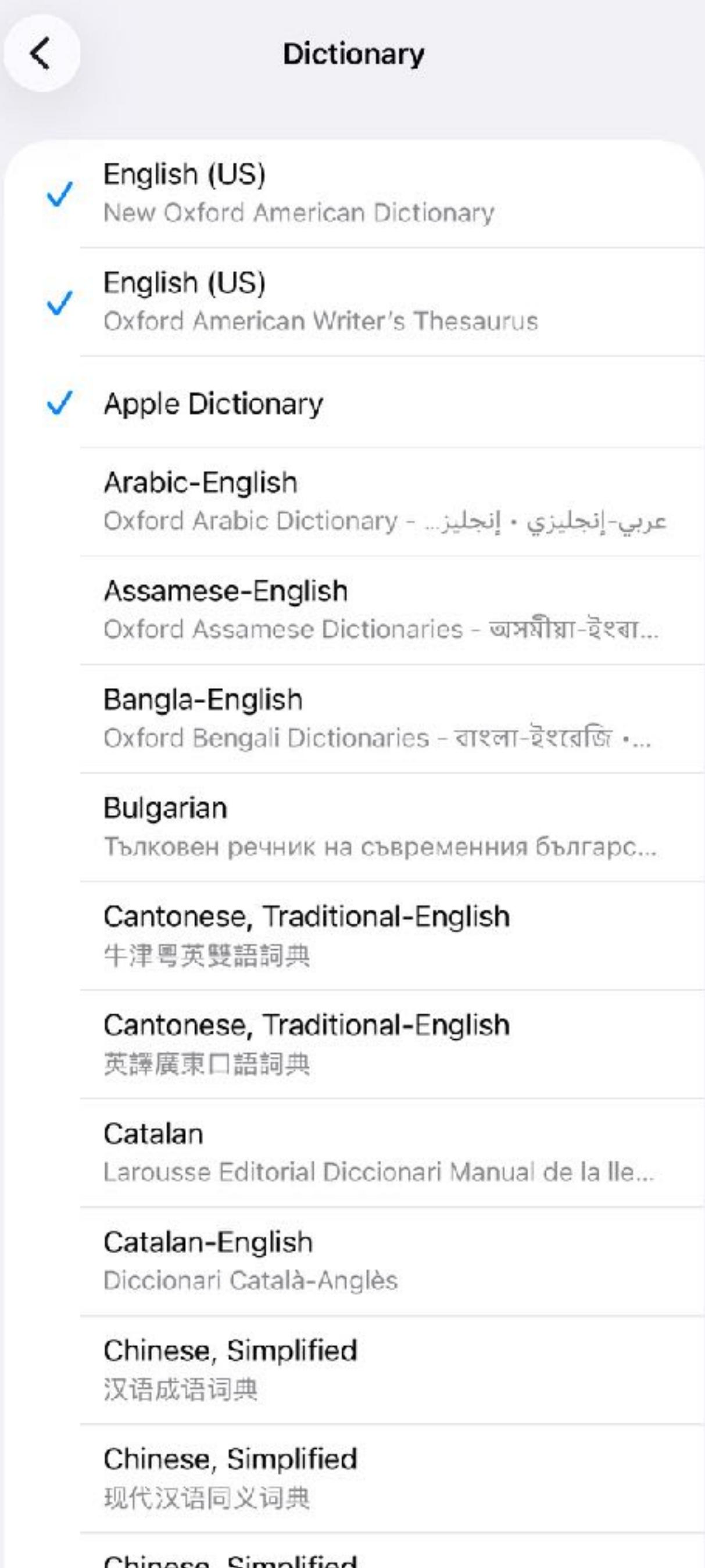
Accessibility

- Settings > Accessibility
- You can have your phone speak to you, reading text
- You can zoom text to make it larger
- You can change the size of text, boldness of text, increase contrast, invert the colors of the display, etc.
- You can control functions with your voice
- And lots more



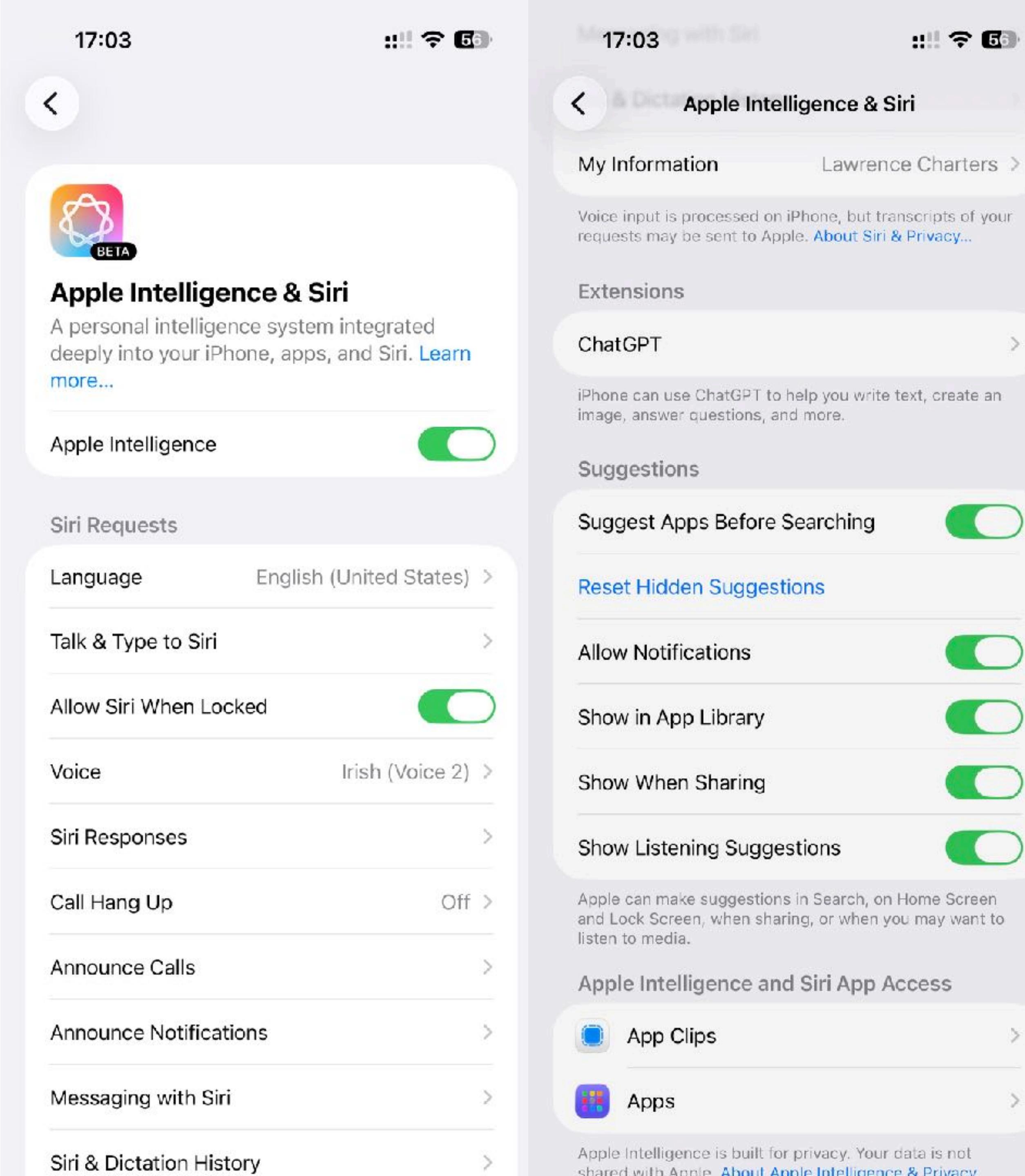
Dictionary (-ies)

- Settings > General > Dictionary
- You can specify one or more dictionaries for spell checking and other needs
- It is a long list: this phone has English (US), English (UK), French>English, German>English, Japanese>English selected



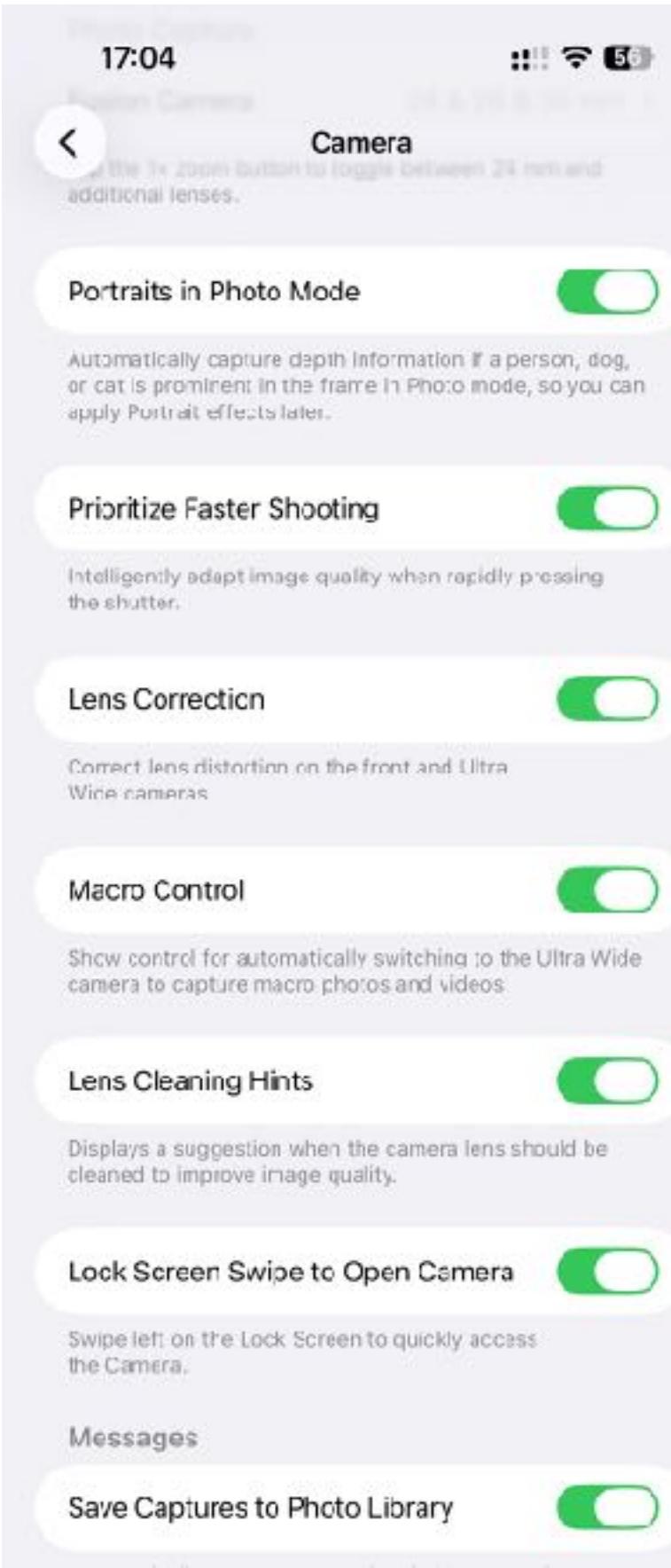
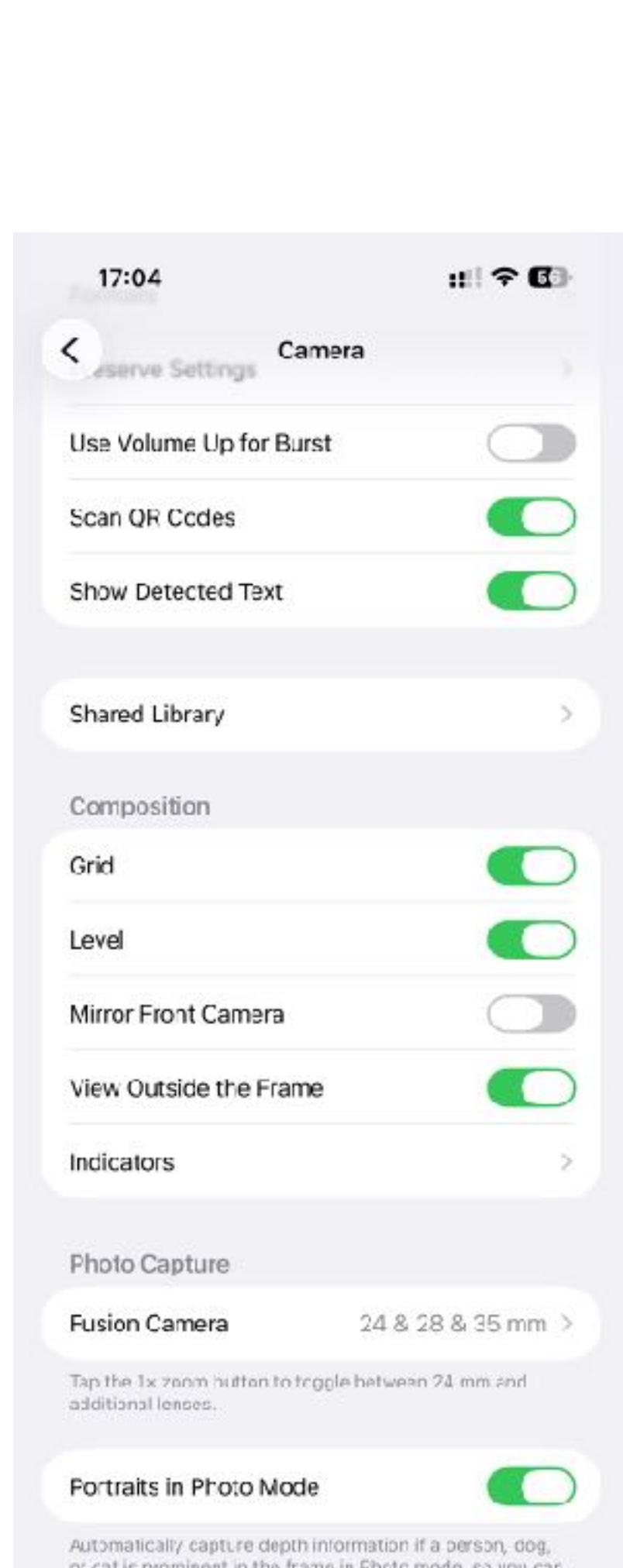
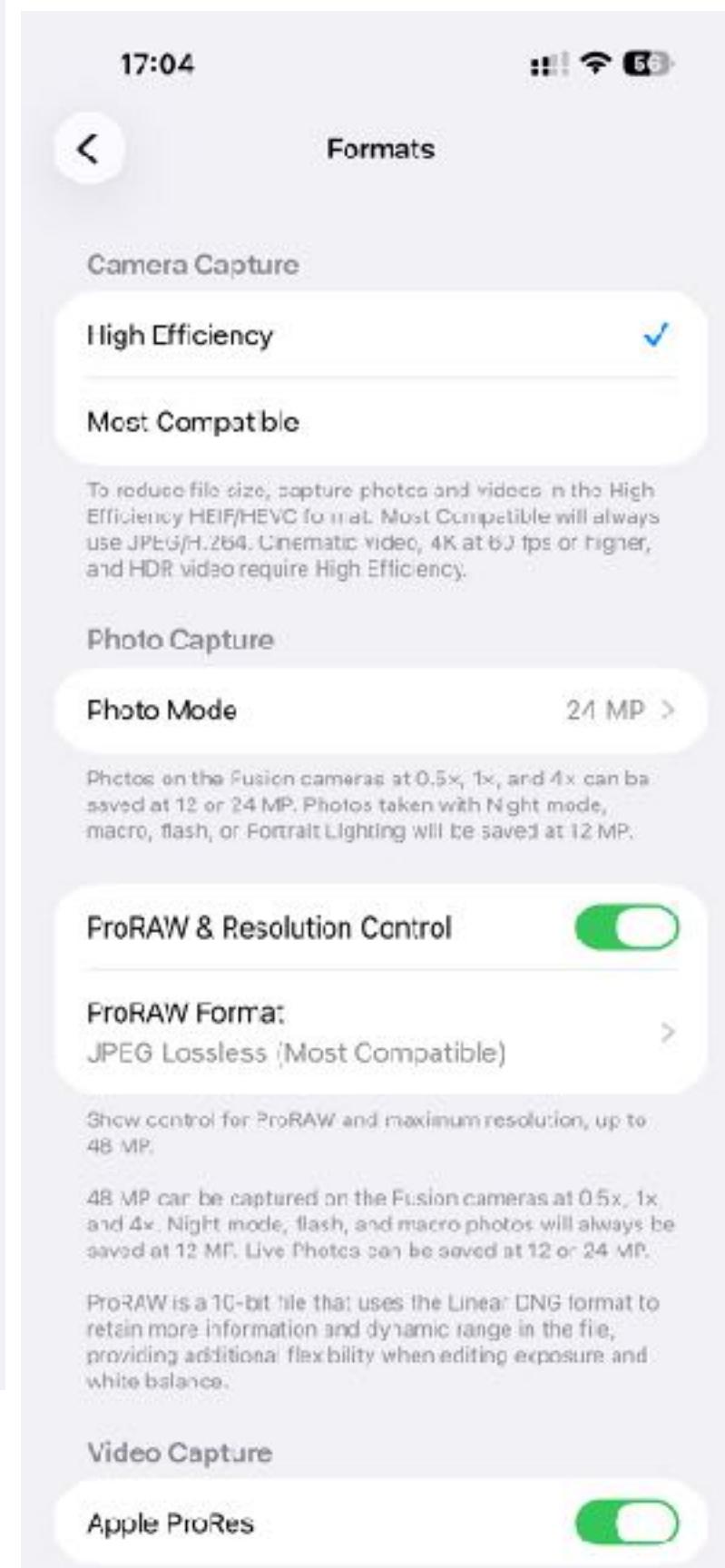
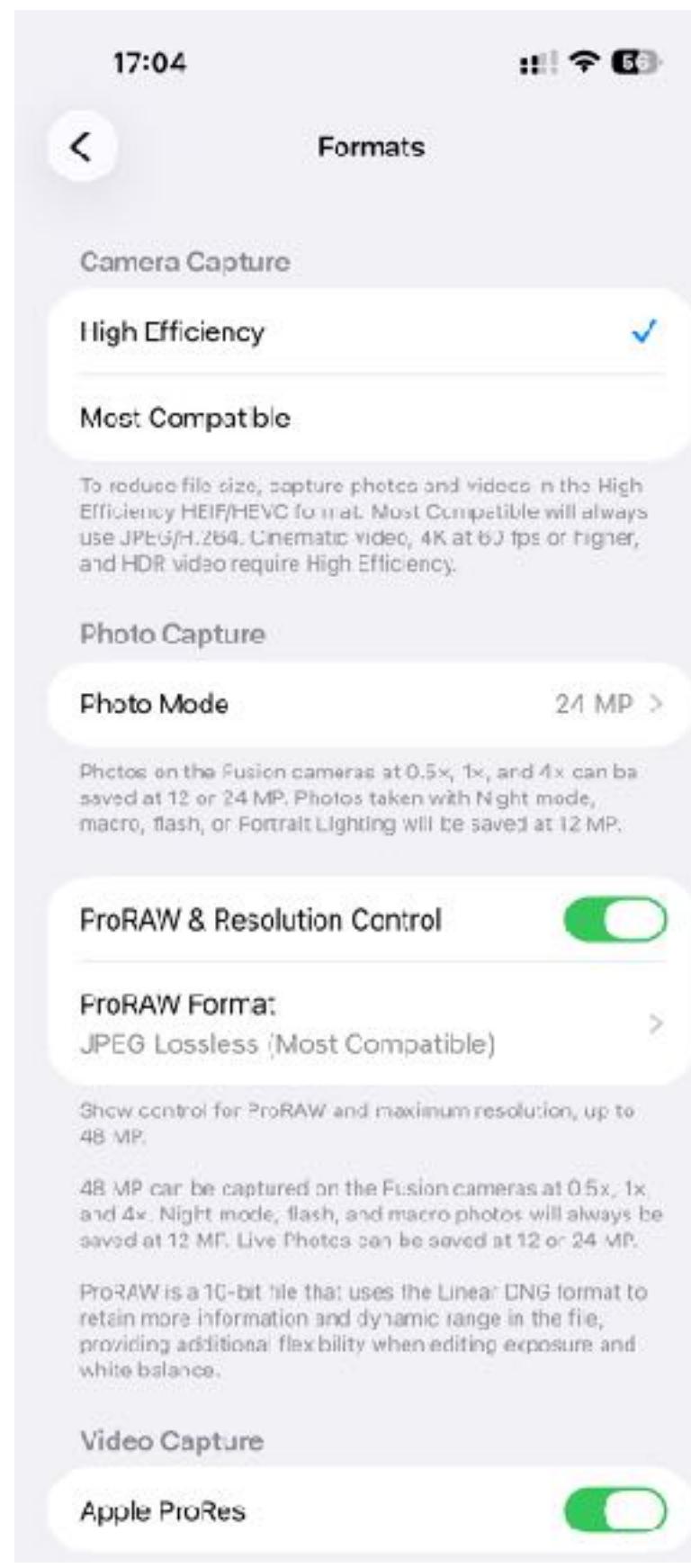
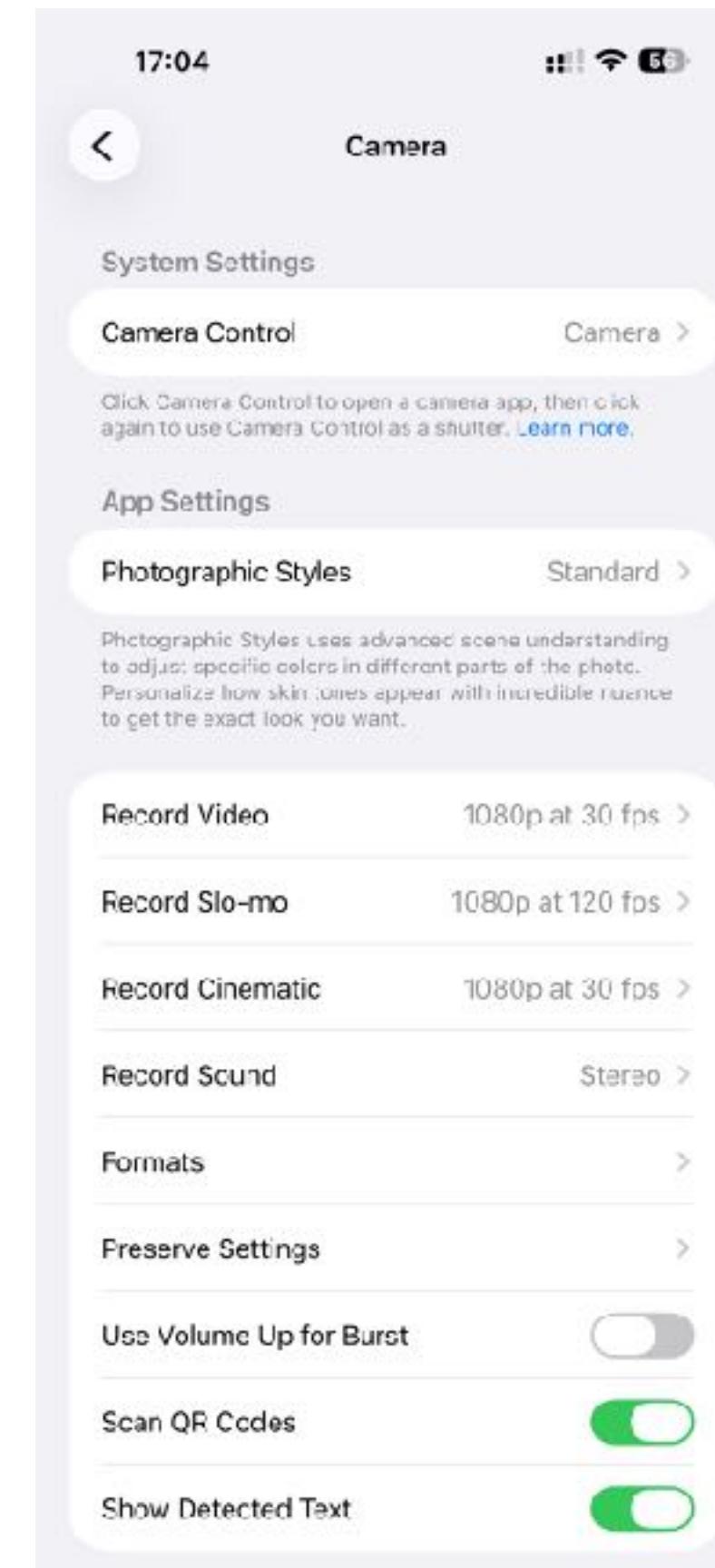
AI: Artificial Intelligence and Apple Intelligence

- Settings > Apple Intelligence & Siri
- You can set Siri to respond to voice, rather than pushing the side button
- You can change the voice Siri uses (this one is set to an Irish woman's voice)
- Siri can announce who is calling (useful)
- You can dictate notes, email, Messages, etc.
- You can turn Apple Intelligence on or off (it is safe to leave it on)
- And many other options



Camera

- Settings > Camera
- There are extensive camera controls
- May spend an entire meeting on just the camera

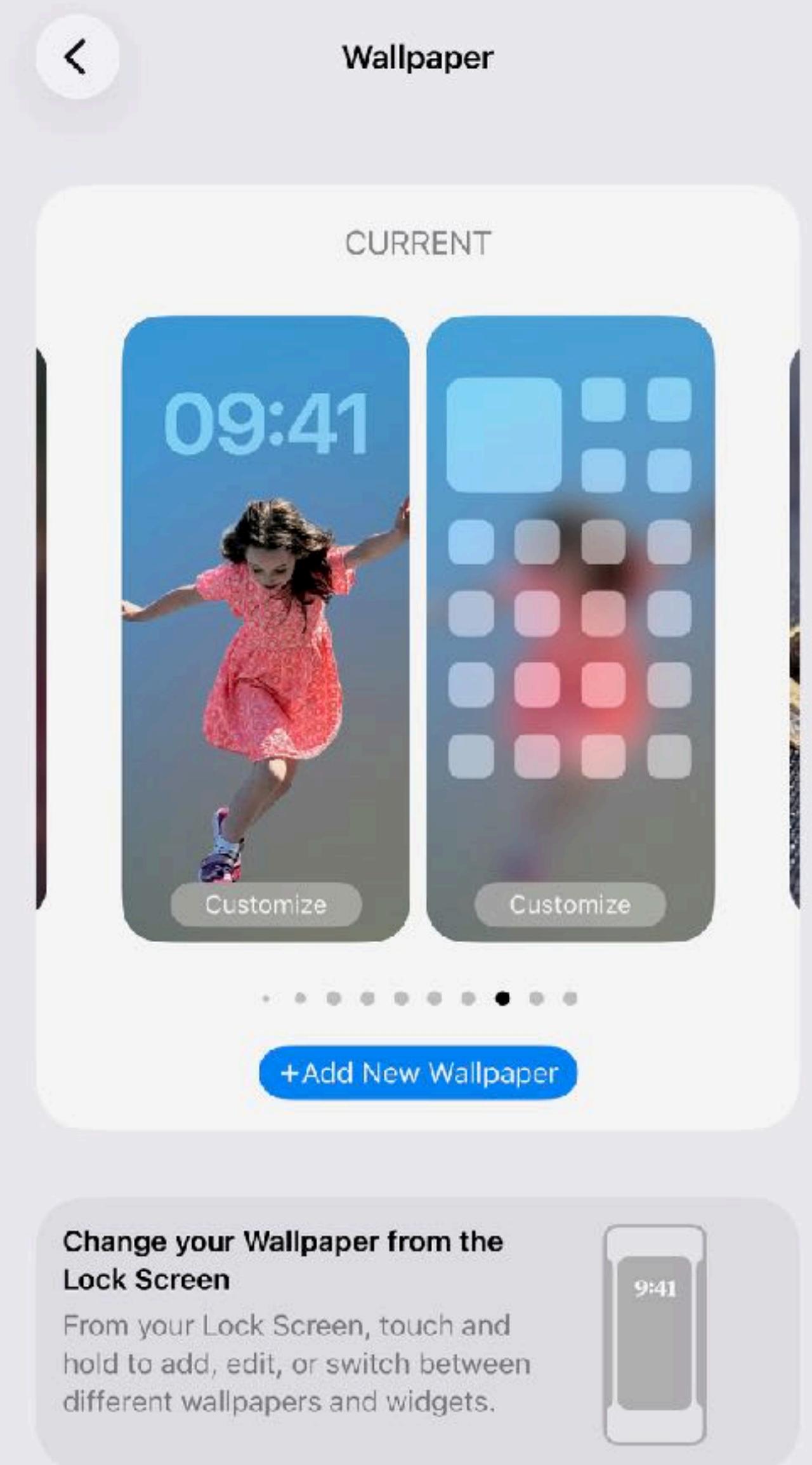


Demo: Organizing Photos

- Going to be using Photos on a Mac since it is easier to see...

Wallpaper

- Settings > Wallpaper
- Can set different photos or patterns for when phone is locked and for desktop when it is open
- Can change at any time

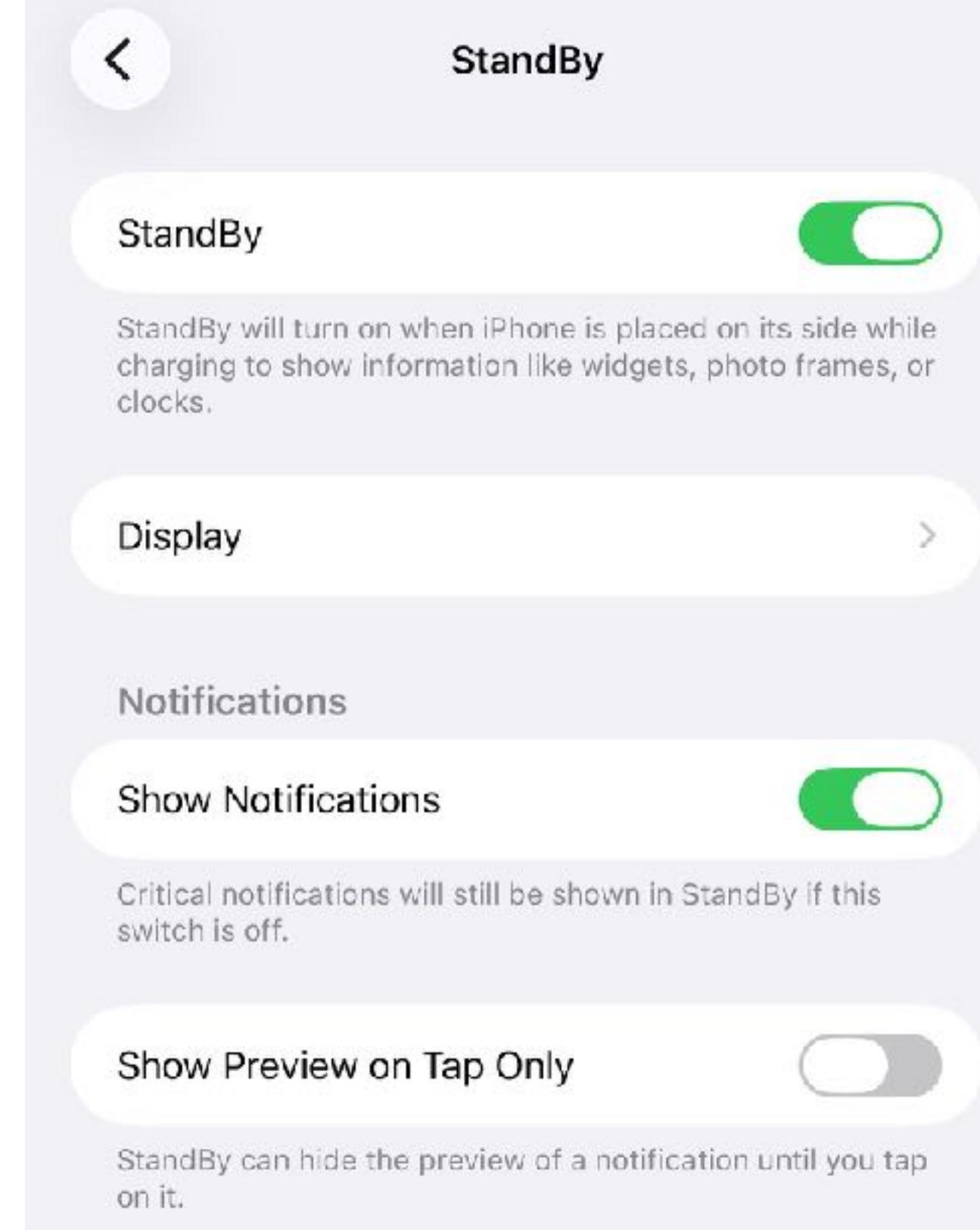


Change your Wallpaper from the Lock Screen
From your Lock Screen, touch and hold to add, edit, or switch between different wallpapers and widgets.



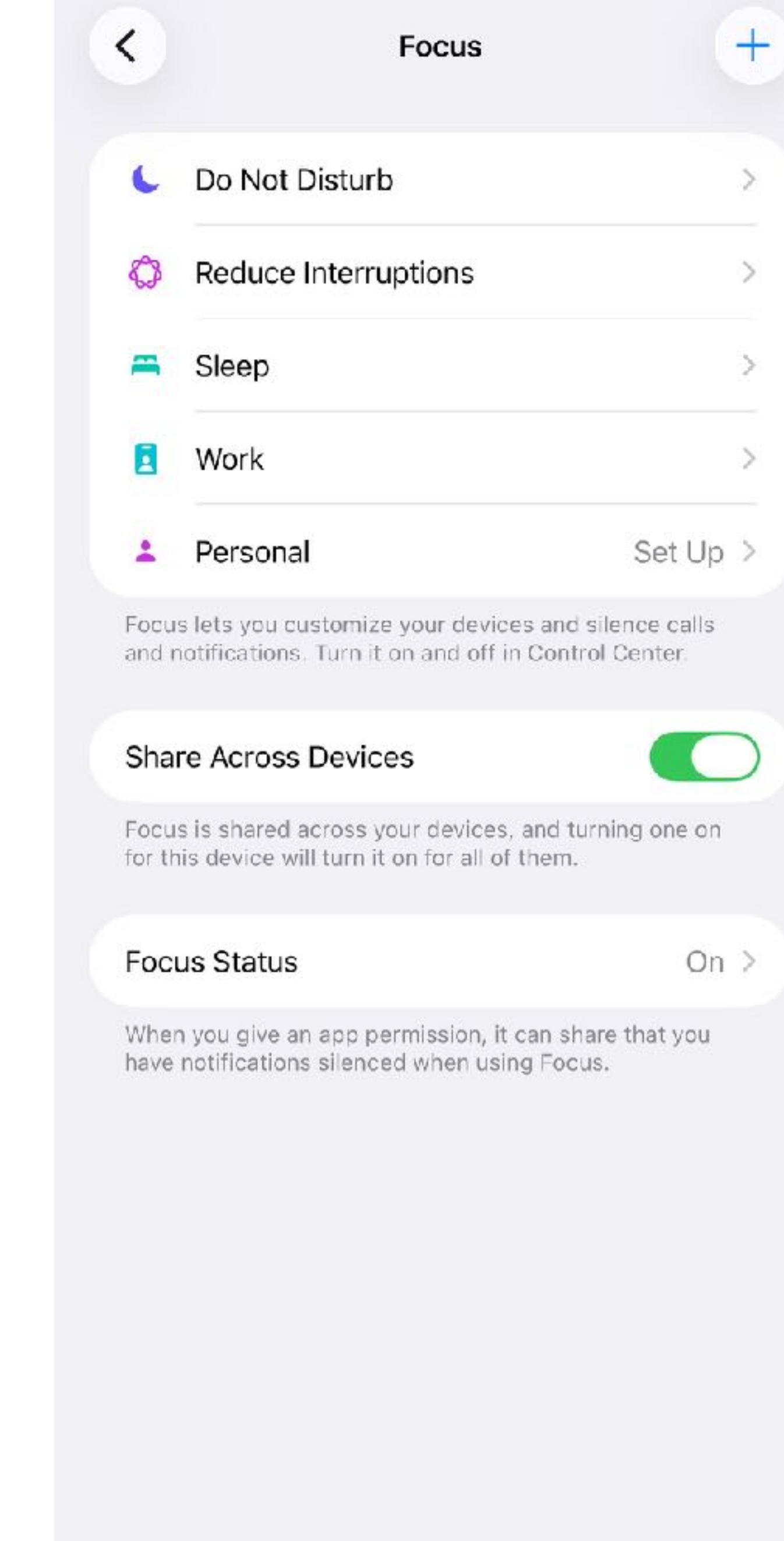
Standby

- Settings > Standby
- On newer phones, you can set them to be a nighttime clock, weather station, etc.
- Turn it on, put phone on charger, tilt it on its side
- You can buy stands to hold phone on its side while charging



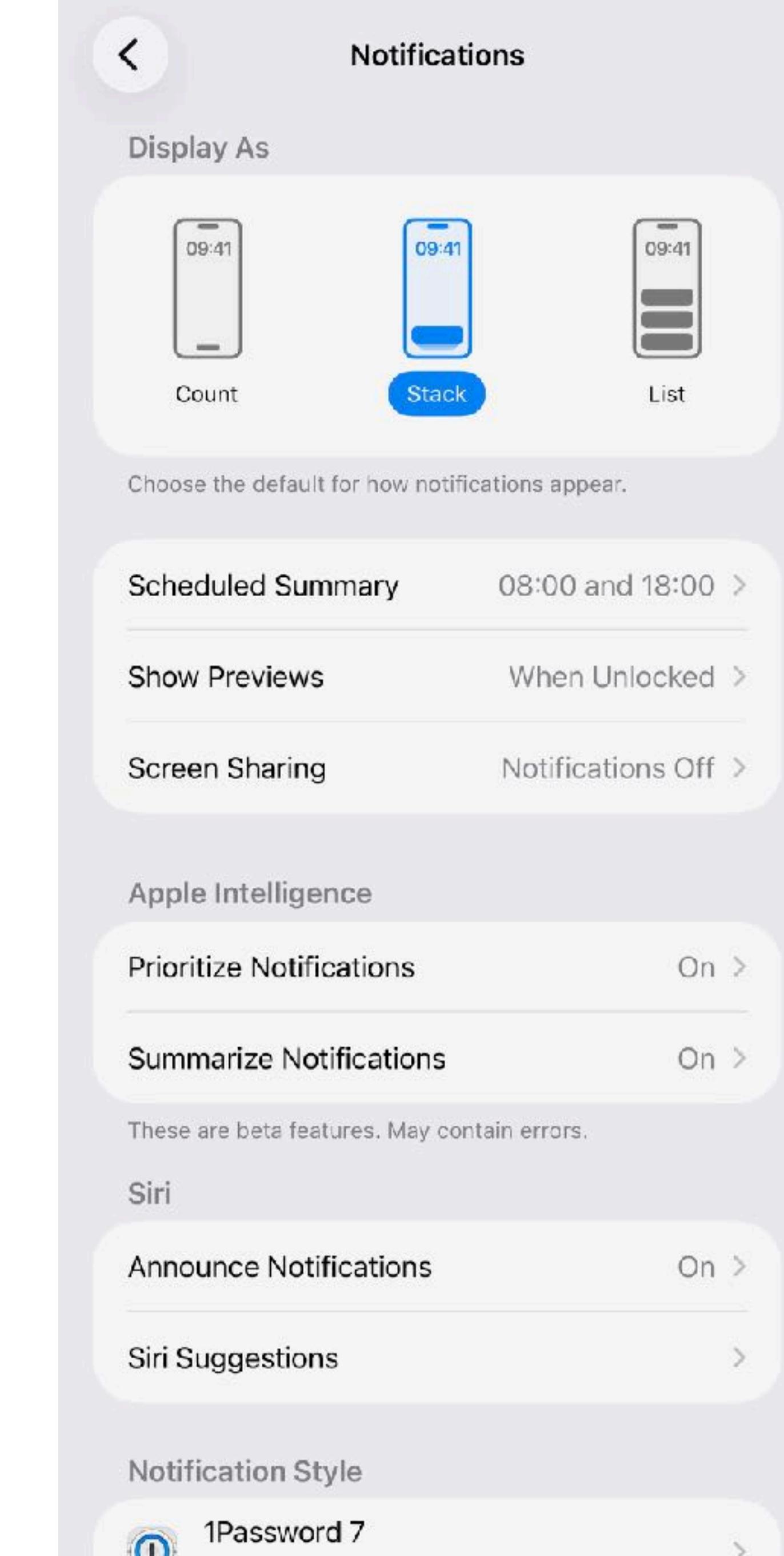
Focus

- Settings > Focus
- Can set Do Not Disturb times
- Can set Intelligent Breakthrough so that family members (VIPs) and emergency alerts will break through
- Can set Reduce Interruptions for work periods, study periods, meal times, etc.
- Can set Sleep Time to send calls to voicemail (except designated VIPs)
- Focus can be shared across devices (Mac, iPhone, iPad, Apple Watch)



Notifications

- Settings > Notifications
- Can set Notifications to come in a clump at set times
- Can prioritize notifications
- Can set notifications for each individual app
- Example: may not want notifications from games, may want different kinds of notifications from a given app, may want notifications announced (by Siri)



Sounds and haptics

- Can set different ringtones for text messages, voicemail, new email, sent email, calendar alerts, reminder alerts, general alerts, keyboard sounds (or not)
- Can set volume limits, reduce loud sound, turn on headphone safety limits
- Can assign various alerts to be haptics (vibrations) instead of sounds
- You can make your own custom ringtones (not going to show how right now)



Emergency SOS

- Settings > Emergency SOS
- Can trigger by pressing side button and a volume button
- Can trigger with five quick side button presses
- Can call after crash (make sure turned On)
- Set Emergency Contacts - your Primary Care

Provider, a family member (set with Health app)

- SOS via satellite available on some phones
- Apple Watch can also call 911 after a fall

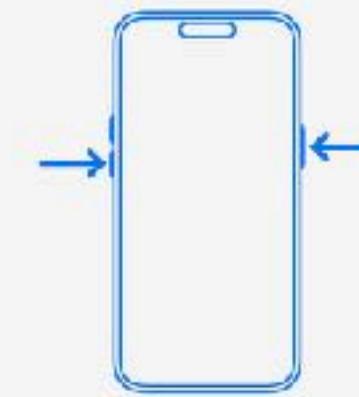
17:12   64 

Emergency SOS 

Text for Help Using Satellite

If you don't have cell service, you can use a satellite connection to contact emergency services.

[Learn More](#)



Press and hold the side button and either volume button to make an emergency call. In certain regions, you may need to specify an emergency service to dial. Auto Call requires a SIM card.

Call with Hold and Release

If you continuously hold the side button and either volume button, a countdown begins and an alarm sounds. After the countdown, if you release the buttons, iPhone will call emergency services.

Call with 5 Button Presses

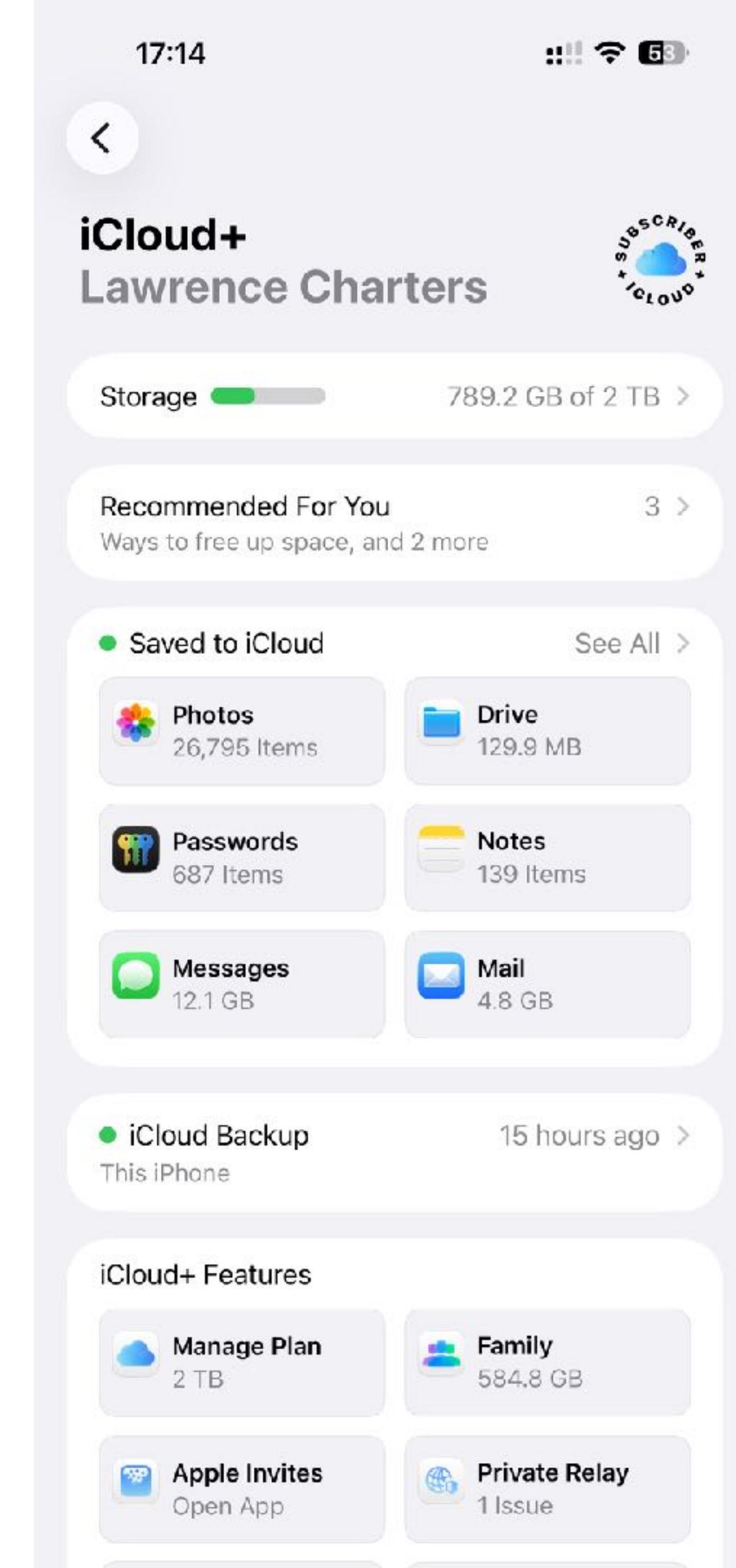
If you rapidly press the side button five times a countdown begins and an alarm sounds. When the countdown ends, iPhone will call emergency services.

Call Quietly

Warning alarms, flashes, and VoiceOver audio will be

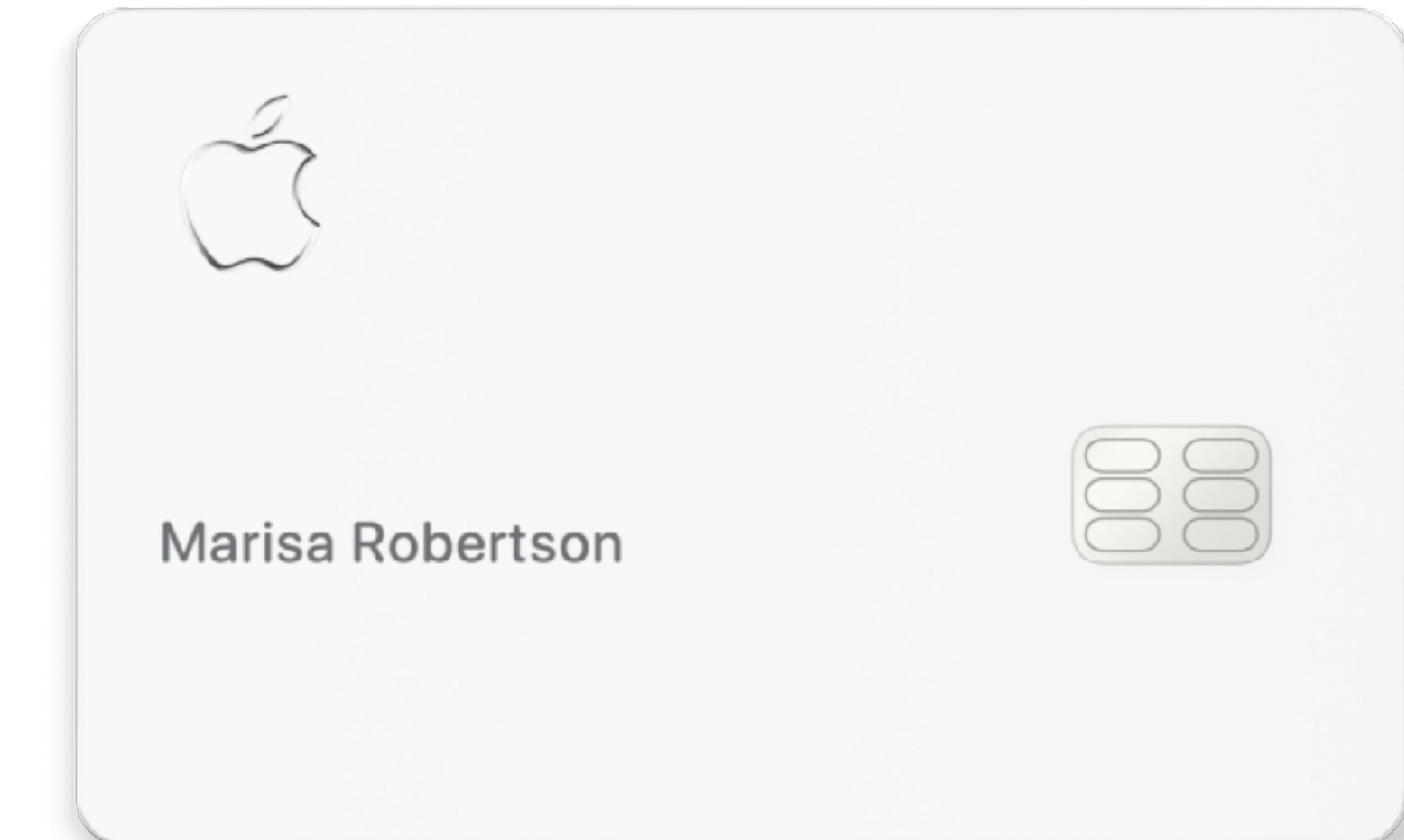
iCloud, iCloud+

- iCloud is free, 5 GB storage for email, messages, documents, etc.
- iCloud+ provides 50 GB: \$0.99, 200 GB: \$2.99, 2 TB: \$9.99, 6 TB: \$29.99, 12 TB: \$59.99 storage
- iCloud+ can be shared with family
- iCloud+ has Private Relay
- iCloud+ has Hide my Email
- More info: <https://support.apple.com/guide/icloud/icloud-overview-mmfc854d9604/icloud>



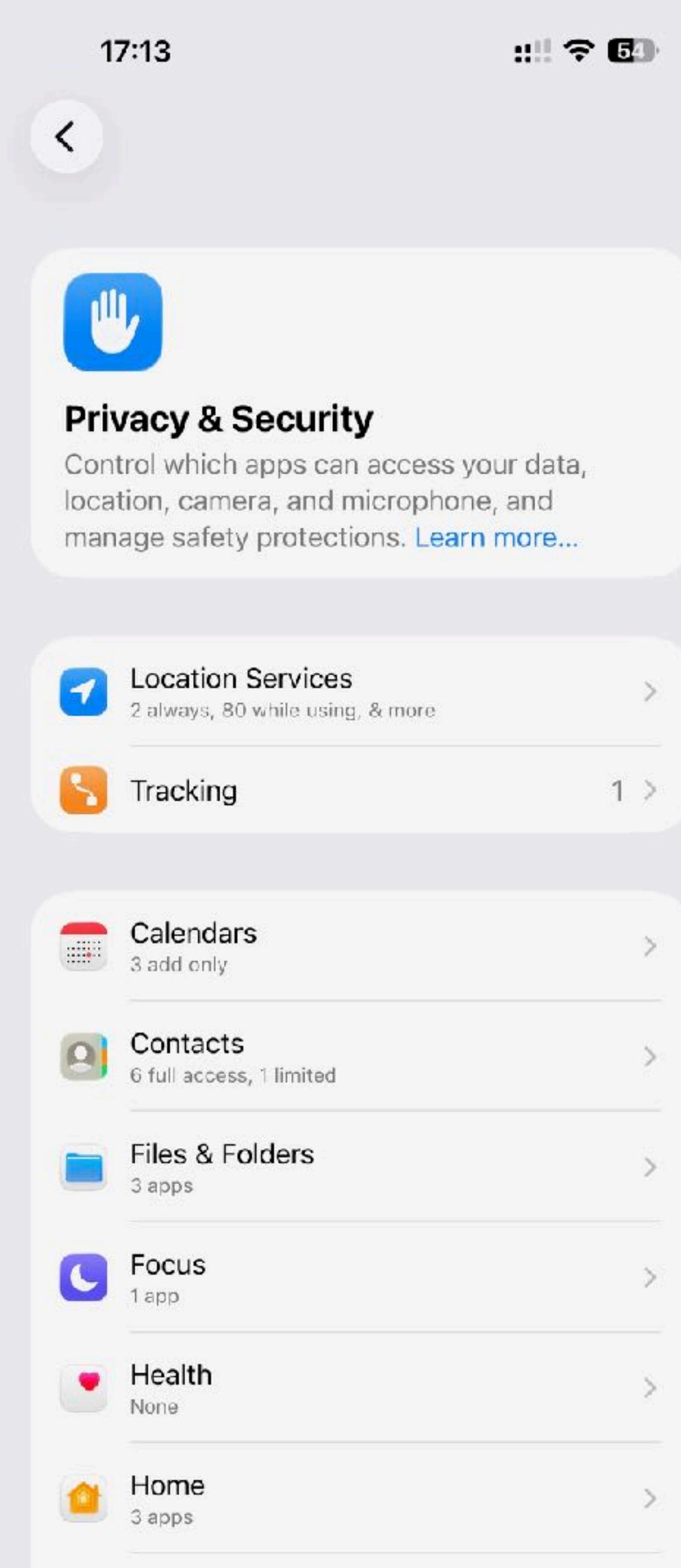
Apple Card

- Apply for Apple Card,
<https://www.apple.com/apple-card/>
- Design to work with iPhone and Apple Wallet
- No fees
- Cash back (deposited to savings)
- No number on card, no CVV (Card Verification Value) on card
- Can set card to change CVV with every purchase
- Keep track of purchases, payments, etc., all on iPhone
- Perfect for online purchases



Privacy

- Requires a whole meeting



The screenshot shows the 'Privacy & Security' settings screen on an iPhone. At the top, there is a blue icon of a hand with the index finger pointing up. Below it, the title 'Privacy & Security' is displayed in bold black text. A subtext explains: 'Control which apps can access your data, location, camera, and microphone, and manage safety protections.' A blue 'Learn more...' link is also present. The main content area lists various privacy categories with their respective icons and app counts:

- Location Services** (blue location pin icon): 2 always, 80 while using, & more
- Tracking** (orange location pin icon): 1 >
- Calendars** (red calendar icon): 3 add only
- Contacts** (grey person icon): 6 full access, 1 limited
- Files & Folders** (blue folder icon): 3 apps
- Focus** (purple moon icon): 1 app
- Health** (red heart icon): None
- Home** (orange house icon): 3 apps

Other things you can do

- Measure things
- Find altitude
- Find weather
- Calculate tips
- Get directions
- Navigate (CarPlay)
- Record calls
- Record voice memos
- Tell time
- Set alarms
- Set reminders by location
- Pay for things (Apple Wallet)
- Carry a full electronic calendar
- Play games
- Take photos
- Draw
- Make phone calls...
- Etc., etc., etc.